

Cople News

February 2012



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Editorial

This month's edition is a bumper 60 pages. It is a pleasant surprise to see how active and talented a small community like ours can be. I feel that the magazine is now taking shape but it will continue to evolve to take advantage of printing technology and the copy that readers offer.

I would like to welcome the new advertisers, Stephen Funge of Architectural Design, Carroll Construction and Signs and Graphx. There is still a very good balance between advertising and editorial content. Our strength is that we only pay for printing and not for content and distribution.

Planning is underway for the major village events of the **year such as the Queen's Jubilee, the Church Fete and Open Gardens.** These events take a great deal of effort from everyone concerned but, despite the weather, they are always worthwhile and enjoyable. The Friends of Cople Church are finalising the plot for the Safari Supper which is a personal favourite of mine. The size of this event is dictated by the number of hosts. More are welcome as you will see on page 35.

As always please let me know what you would like to see in the magazine and think about offering up your own articles or pictures. Pictures suffer some what from the black and white printing process but they look good on the village web site.

Ged Peeke

Cover: "The Bier House" by Ian Whiting
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Letter from the Vicarage

As Easter is a little earlier this year, Lent will begin in February and Ash Wednesday is on 22nd. February. This year the Sung Communion service for the Benefice will be at Moggerhanger at 7.30pm.

So until then you still have a few weeks to eat, drink and be merry before the time of abstinence begins. Mind you I doubt if most people even know it is Lent let alone see it as a time for spiritual discipline as the Church prepares for Easter. Of course it is no coincidence that it lasts **forty days as that was the length of Jesus' time in the wilderness when he was tempted by the devil.** Unlike us he did not give into the temptations. Indeed resisting the temptations prepared him for his future ministry and in due course to follow the way of the cross.

So how do we see Lent? Another opportunity to drink and eat less. to try to lose weight and to get fitter. Maybe if **we have failed to keep to our new year's resolution then** Lent can afford a second chance.

But the whole point about abstinence and fasting is not to make us healthier and slimmer but to help us to become more dependent on God and to re-examine our priorities. These priorities include how we spend our time, our money and also what we are able to do to help others in the wider community. There is a good tradition of giving up some luxuries during Lent and to give the money we save to help a particular charity.

This year the churches in our Benefice have decided to support **"The Kings Arms Project"** in Bedford. The name

(Continued on page 7)

(Continued from page 6)

sounds like a pub but of course the king to whom they refer is Jesus. "The Kings Arms project" is a Christian Registered charity which was set up in 1989 to work with the homeless in Bedford. The project is passionate about helping in our society. Their main objective is to "Restore dignity and self worth to the homeless and disadvantaged in a way which encourages responsibility and choice"

We have asked Mrs Ali Green from "The Kings Arms project" to speak at our Family service on Sunday 5th February at 11.15am. He will tell us about their work, how they use the money they receive and opportunities for volunteers. I hope that you will be able to join us so that we will be inspired to use the weeks of Lenten abstinence to help those less fortunate than ourselves.



With all good wishes

Lynda Klimas

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Curate's Corner

At the end of last year it was decided to change the name of the "Benefice Prayer Group" to the "Benefice Exploring Prayer Group" simply because it is a better description of what we do.

The group usually meets once a month on a Monday in one of the churches and spends some time exploring a way of praying and then, in some way, put it into practice. For example in September we looked at the Celtic tradition of prayer and then used those prayers for our time of worship at the end. Everyone is welcome to join us, lifts are available and the meetings will finish by 9.30pm.

This month on Monday 6th February we will be meeting at 8pm at Cople church to explore the use of candles in our worship and prayer life. Exploring this subject is particularly appropriate this month as 2nd February is the feast day of Candlemas, something else we will explore during the evening.

Candlemas is the day when the Church remembers that 40 days after Christmas. Mary and Joseph took Jesus to the **Temple and Simeon announced that he would be "a light to lighten the Gentiles and the glory of thy people Israel"** (Luke 2:32 King James Version). **Candlemas is a day when we look back at Christmas and forward to Easter; it is the day when crib scenes are put away and the count down to Lent begins and as the Church year unfolds candles are used, in different ways and at different times, to aid our prayer and worship.**

If you would like to know more then do please join us on 6th February, you will be made most welcome.

With Best Wishes

Jackie Buck

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Date	Event	Venue	Time	Cost
Friday 24 th February	Craft evening	Cople Church	6.30 - 7.45pm	£1
Friday 2 nd March	Women's World Day of Prayer service	Willington Church	7pm	
Friday 23 rd March	Easter egg hunt and board games	Moggerhanger Church	6.30 – 7.45 pm	£1
Monday 9 th April	Easter Monday Pilgrimage	Coach from Biggleswade	TBC	
Friday 27 th April	Swimming	Oasis swim- ming pool	6.00 – 7.30pm	£3
Friday 25 th May	Decorating cookies	Willington Church	6.30 – 7.45pm	£2
Friday 22 nd June	Bring and share picnic and outdoor games	Cople Church	6.30 – 7.45pm	

Benefice Youth Group Letter

As you will see from the attached timetable, from February 2012 onwards the youth group will be meeting only once a month (4th Friday of each month) instead of the usual two. At these meetings we will be do various activities followed by some Biblical teaching at the end. For this reason the sessions will last slightly longer and will end at 7.45pm

We feel this is a necessary change to the timetable as numbers attending have recently dropped.

We are looking for additional adults to volunteer to lead the youth group from September onwards. Julie has decided that the time is right for her to step down as leader – a job she has done for 10 years. Jackie will also be moving on from the parishes during the summer. Ali Cross from Moggerhanger is happy to be involved, but another adult is needed, so unless we get some new volunteers, the June meeting will be the last.

Please contact either Julie or Jackie if you wish to discuss this further.

You are very welcome to come along to a meeting to observe what goes on at any time.

Julie Scherrer , Jackie Buck and Ali Cross

Please let us know whether you will be attending each event during the week before, either by phoning 01234 838623 or mobile 07803 223080 or emailing julie.scherrer@dsl.pipex.com or jackiebuck@hotmail.co.uk.

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WOMEN'S WORLD DAY OF PRAYER

MARCH 2ND 7PM

Willington Parish Church

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Prepared by the women of Malaysia

Speaker

Sister Marie Hayes from Grassroots Luton spirituality of Justice Section. Active participation of Youth group and local Churches.

Malaysian refreshments and music.

Lord,

Give me open eyes to see the needs of others,

Acute ears to hear the cries of those in distress

Ready lips to speak for those who have no voice,

Gentle hands to heal the wounds of those who are vulnerable,

And determined feet, so that I may walk humbly with you and follow in your way.

Prayer

Loving Jesus, Prince of Peace,

Thank you that Simeon saw the Messiah and rejoiced in his coming.

Despite the troubles of the world at this time,

May we have real hope for reconciliation,

have patience, and rejoice in the promise of peace on earth.

Amen

(MU The Prayers We Breathe)

Confirmation 2012

This year it is the turn of our Benefice to host the Ivel group of churches Confirmation service. It will be held on Tuesday 8th May at 7.30pm at Cople

As the Bishop of Bedford is retiring in March, Bishop Paul of Hertford will take the service.

Anyone aged ten and above is welcome to be Confirmed. **The young people's Confirmation course will be held on** Tuesday evenings from 6pm-7pm at Cople. The course will begin after the half term break on Tuesday 21st February.

The adults will either meet individually or as a group (depending on your family circumstances) in April.

Please could you let me know whether you would like to be confirmed so that I have some idea of the number of candidates? Showing interest will not commit you to going forward for Confirmation as that decision does not need to be made until the end of April.

Please telephone me on 01234 838431 or email me on rev.l.klimas@btinternet.com

Lynda Klimas

Mother Union

Our first meeting of the New Year will be held on Monday 6th February, 2:30pm at 32 Rye Crescent.

The Women's World Day of Prayer this year, will take place on Friday 2nd March 2012.

Liz Buck



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Lent course for 2012

"Transforming Life" is a six week course for groups written by the Bishops of the Diocese. The course is based on the Old Testament Lectionary principal Sunday readings from Lent 1 to Palm Sunday.

The themes are;

- Transforming promise
- Transforming call
- Transforming rule
- Transforming gift
- Transforming faith
- Transforming hope

As in previous years, our existing home groups will be using the material. This year the Methodist Church at Willington will also be joining us and running a group at the church. (please contact Glayne for more information).

The Monday evening group will meet at 8pm at 87 Willington Road Cople and begin on Monday 27th February.

The Tuesday morning group will meet at 6 Gostwick Place Willington at 10am and begin on Tuesday 28th February.

The Wednesday evening group will meet at 8pm at 16 Bedford Road Willington and will begin on Wednesday 7th March.

The group at the Methodist church will meet on Thursdays and Tuesdays and begin on Thursday 1st March.

Even if you are not a regular member of a home group you will be most welcome to join any of the groups

Lynda Klimas

Friends of cople church



Safari supper

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Thank you

We would like to thank all our friends for their kindness and support following the sudden death of Pete. It has been a very difficult time for us but we have been overwhelmed by the wonderful cards, flowers and letters we have received. This has been a great comfort and I am sure will sustain us in the weeks to come.

Julia, Richard and Philip Moore

Moggerhanger Park snowdrops.

Snowdrop Walk OPEN DAILY 10AM - 4PM from January 22nd.

Visit Moggerhanger Park and follow the signs to the woodland trail from the car park to enjoy a spectacular display of snowdrops planted over 200 years ago. Our newly completed Garden Room awaits you at the end of the walk for a hot cup of tea or coffee and great value lunch menu served at the new Woodland Cafe.

There will also be special varieties of snowdrops on sale.

Gillian

Telephone. 01767 641007

Email.enquiries@moggerhangerpark.com

Has anyone lost a Dress Ring?

Found on a field path between Cople and Cardington, Ladies gold dress ring with dark red gem stone - please telephone David on 01234 838669 if it is yours

Wild About Cople

Spring is a-coming!

That might seem a slightly premature statement, but for those who know where to look the signs are already here to be seen. Even though, at the time of writing this, the weather is cold, windy and wet, the evenings are already beginning to draw out and the gradual increase in day length is increasing hormone levels in our wildlife and causing some plants to begin putting out new shoots.

A walk around Cople, particularly on a mild morning or evening, and more birdsong can now begin to be heard as many of our common birds such as Robins, Blue Tits and Wrens start to think about finding a mate and defending a territory in our gardens and hedgerows.

One bird becomes fairly obvious at this time of year and for the next couple of months; this is the Mistle Thrush or Stormcock as it is often known. This thrush is a brute of a bird; big bold, noisy and loud – no-one messes with the Stormcock! It gets its name from its habit of singing its loud, fluty song from the very top of the tallest tree and will often continue singing into the teeth of a storm, hence its name. It is a fearless defender of its nest and will drive off birds (and other potential predators). Another habit is to defend a favourite berry-bearing tree (often a holly) from all other birds so it can have all the berries to itself. The mistle thrush is a large bird with an upright stance, a harsh rattling cry (rather like one of those old-fashioned football rattles) and a boldly spotted breast – rather like a Song Thrush on steroids!



In the village there is usually a pair in the large limes and horse chestnuts in the churchyard and the trees around the cricket pitch and the male has just recently started singing from the

Trees during periods of milder weather – have a look for the bird or listen to its beautiful loud and far-carrying fluty song. It will nearly always be singing from the very top of the tallest tree.

There are other signs of spring too, some still quite hard to see but the green shoots of various bulbs are beginning to appear in gardens and fresh leaves of cow parsley are growing in the hedgerows. Some very early, and familiar, spring flowers will soon be appearing such as the Snowdrop and Winter Aconite. Both of these are doubtfully native to this country but have been **here so long that they have become 'naturalised' and many have** escaped from our gardens and into the countryside where they grow quite happily.

The snowdrop is also known as the 'Snowbell' and as 'Candlemass Bells' since it usually blooms in February.

The Winter Aconite has a yellow flower and, like the snowdrop, can form carpets of plants. It is often in flower slightly before the snowdrop; often as early as mid-January. The flowers are **surrounded by a 'ruff' of green leaves which has earned them the name of 'choirboys'.**



In the wider countryside one more, traditional, sign of spring is now obvious – the Hazel with its hanging **yellow catkins or 'lamb's-tails'.** This small tree is fairly common in the hedgerows around Cople and can be seen in the wood at Water End. The catkins are male and produce a fine dust of yellow pollen which, on windy days, is blown in clouds through the air. The female flowers are tiny and almost unnoticeable with scarlet-red tufts (look very closely and you will see them on the small twigs). Once fertilised the female will develop into the familiar hazelnut in the autumn. Hazel has a huge range of uses but more about that another time.

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This Month's Gardening Tasks

Increasing one's stock by taking hard wood cuttings from your own plants or a friend's is an excellent and economic way to fill spaces in your garden and is surprising simple to do and traditionally done at this time. Abelia, Buddleia, Currants, Deutzia, Dogwood, Forsythia, Gooseberry, Holly, Honeysuckle, Philadelphus, Plane Tree, Poplar, Rose, Viburnum, Vine and Willow can all be propagated by doing the following:

1. Locate a stem that was produced last year, and using sharp, clean secateurs, cut just under a leaf joint in a straight line. This will be the bottom of your new plant.
2. **From this material, chose a section roughly 30cm (12")** and make a sloping cut just above a bud or leaf join. This angled cut stops moisture sitting on top of the plant which in time can rot the stem but it also distinguishes it from the planting end.
3. Find yourself a warm and bright area of your garden and with a spade, make a slit or mini trench. Then backfill with sharp sand or horticultural grit.

At 20cm (8") intervals, insert your cuttings, right way up, and backfill with soil. The cuttings need to be planted to a depth of roughly half their length and firmed down in place. Then, give them a good drink and continue to water throughout the year.

Do this and in a year's time your new plants can be carefully moved to where you want them and at no stage did you have to dig deep in to the soil or in to your pocket!

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N.Patadia, Mill Hill*

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Sunday Church Services in February

Cople All Saints

5th	11.15am	Family Service. Guest speaker Ali Green
12th	09.00am 09.45am	Holy Communion Sunday School
19th	09.45am 11.15am	Sunday School All age Communion
26th	09.45am 11.15am	Sunday School Sung Communion

Willington Saint Lawrence

5th	10.00am 3.00pm	Holy Communion BCP Hospice Memorial Service
12th	11.15am 3.00pm	Parish Praise. Guest Speaker Chris Willis. Wedding reunion
19th	10.00am	Sung Communion
26th	10.00am	All age Communion and Children's church

Moggerhanger St John the Evangelist

5th	09.00 am	Sung Communion
12th	10.00am	Family Service. Guest speaker Chris Willis.
19th	09.00am 6.00pm	Holy Communion Songs Of Praise
26th	09.00am	All age Communion

Cople Calendar *February 2012*

February 2012						
M	T	W	T	F	S	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29				

Wednesday 1st

7:30 to 10:00pm

Carpet Bowls in
Cople in the Village Hall.

Thursday 2nd

10:00 to 11:30am Cople Baby and Toddler Group in Village Hall

Saturday 4th

10:30am Traidcraft coffee morning Willington Church.

Monday 6th

09:00am Morning Prayer Cople All Saints

11:00am Tiny Tots sing along Cople Church

2:30pm Mothers Union meeting at 32 Rye Crescent.

7:30pm Alpha course at the Vicarage

8:00pm Benefice Exploring Prayer Group Cople Church.

Tuesday 7th

2:30 pm Over 60s Club in Sports Club

7:30 pm Deanery Synod at Potton

Wednesday 8th

7:30pm Fete planning meeting in All Saints Church.

7:30 to 10:00pm Carpet Bowls in Cople in the Village Hall.

Thursday 9th

10:00 to 11:30am Cople Baby and Toddler Group in Village Hall

Saturday 11th

10:00am to 3:00pm Giant Book sale Blunham Church.

7:00pm till late Safari Supper

Monday 13th

09:00am Morning Prayer Cople All Saints

11:00am Tiny Tots sing along Cople Church

No Alpha course. Half term.

8:00pm Home Group 87 Willington Road Cople.

Tuesday 14th

7:30 Tuesday Club in Cople Village Hall

Wednesday 15th

Deadline for copy and adverts for Cople News

7:30 to 10:00pm Carpet Bowls in Cople in the Village Hall.

Thursday 16th

10:00 to 11:30am Cople Baby and Toddler Group in Village Hall

Monday 20th

09:00am Morning Prayer Cople All Saints

11:00am Tiny Tots sing along Cople Church

12:30pm Luncheon Club in Cople Church.

7:30pm Alpha course at the Vicarage.

Tuesday 21st

2:30 pm Over 60s Club in Sports Club

6:00pm Young peoples Confirmation Course in Cople Church.

Wednesday 22nd

7:30pm Ash Wednesday Sung Communion at Moggerhanger.

7:30 to 10:00pm Carpet Bowls in Cople in the Village Hall.

Thursday 23rd

10:00 to 11:30am Cople Baby and Toddler Group in Village Hall

Friday 24th

6:30pm Youth Group craft evening at Cople Church.

Monday 27th

09:00am Morning Prayer Cople All Saints

11:00am Tiny Tots sing along Cople Church

7:30pm Alpha course at the Vicarage.

8:00pm Lent home at Group 87 Willington Road Cople.

Tuesday 28th

10:00am Lent home group at 6 Gostwick Place Willington.

2:30pm Food 4thought St Lawrence Willington. The
Rev'd Glayde Worgan.

6:00pm Young peoples Confirmation Course in Cople Church.

Wednesday 29th

7:30 to 10:00pm Carpet Bowls in Cople in the Village Hall.

Giant Browse and Book Sale at Saint Edmunds Church Blunham

Saturday 11th February 2012.

Come to our Browse and Buy Second Hand Book.
Sale from 10 am to 3 pm in St. Edmund or St James
Church, Blunham.

Huge selection of second hand/nearly new books
Refreshments, homemade soup from 1pm and tea/
coffee and cakes biscuits available all day

Mobile Library Dates for February

Fortnightly itinerary

Wednesday 1st and 15th February

All Saints Road 09:55 –10:10

Water End 10:25—10:35

The Five Bells 10:40—10:55

Monthly single stop Friday 17th February

The Five Bells 10:00—10:15

Closure of A603

The A603 will be closed at Moggerhanger for resurfacing
work on Saturday 25th and Sunday 26th February

Cople - Coffee Morning

In Cople Village Hall

Run by The Kempston Centre

Every Tuesday 10am to 12 noon

Tea / Coffee Home Made Cakes

Come and have a chat with friends in a
relaxed atmosphere.



Cople Carpet Bowls Club

Have you ever thought of playing bowls. If so why not come along and join in a game of carpet bowls which is played indoors on a 30 ft carpet. Carpet bowls is played in Cople Village Hall on Wednesday evenings 7:30 to 10:00 pm and the subscription is only £2 each per session.

There is no need to buy any equipment as everything you require is supplied. If you are 18+ come and give it a try. New members are very welcome and will help keep this socialable village activity running. Any enquiries contact Pauline on 01234 838102.

Regards

Pauline Baynes.

Great Barford Bridge Closure

It seems like only 5 minutes ago that the bridge at Great Barford was out of action but it is going to happen again. Major bridge work is required and the closure is anticipated to be in operation from Monday 6th February to Sunday 18th March 2012, 24 hours a day – Specific dates will be advertised locally closer to the time.

If you live in Cople the obvious route in and out of Great Barford is via the A421.

200 Club Subscriptions

Subscription for 2012 are now due. Please make cheques **for £12 payable to the "Cople Village Trust"** and drop them to Catherine Bayliss at 14 Grange Lane.

There a few vacant slots and if you would like to join please call Marie Gorman on 01234 838248.

Open Gardens 2012

Open Church and Open Gardens is to be held on Sunday 24 June 2012. The event will run from 2pm to 5pm. Programmes will be available for the gardens tour at All Saints Church, Cople on the day; cream teas will also be served at the church between 2pm and 5pm.

Please could anyone who is willing to have their garden included in the tour contact Eileen Reardon on 01234 838987 or Jackie Benbow on 01234 838292 as soon as possible so that we can plan the route of the tour.'

Eileen Reardon



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FRIENDS OF COPLE CHURCH

Reg.No. 1096386

The Safari Supper will take place on Saturday February 11th (see page 19) There has been an encouraging response to our appeal for hosts, but we do need to hear from a few more people. All cooks will be asked to work within a budget and subsequently they will be reimbursed. Please contact us on either of the following numbers if you are able to take part: 838714 or 838763. Tickets for this event may be purchased at a cost of £13.50 per head. This is a popular event so do not leave it too late.

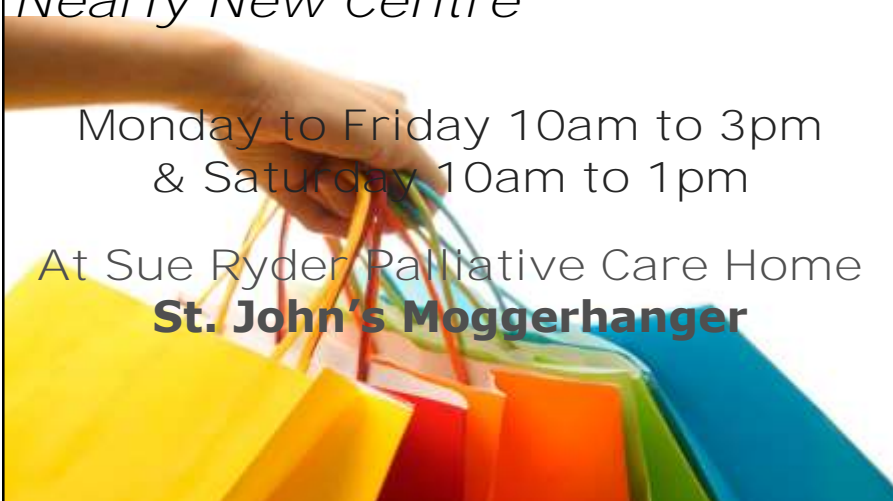
Vaughan Southgate



Nearly New Centre

Monday to Friday 10am to 3pm
& Saturday 10am to 1pm

At Sue Ryder Palliative Care Home
St. John's Moggerhanger





A CELEBRATION OF CHRISTMAS

As always on the occasion of the annual 'Celebration of Christmas', the church was warm and inviting. An abundance of fresh greenery adorned the porch and spilled off windowsills, and flickering candles beckoned to all a friendly greeting. All that was needed was a congregation and the folk of Cople did not disappoint. They came in their droves to fill the pews and lend their hearty and jocular support. We hope the accompanying photographs give some idea of the happy, festive feel of the evening.

We were treated during the first half to some sensitive and thought-provoking readings, and then to some humorous pieces which portrayed the lighter side of Christmas. All were beautifully executed and we thank those who so willingly took part.

The choir and instrumentalists, and the four talented soloists, played crucial roles and provided a wide range of music. We are grateful to them too for their invaluable input.

A big 'thank you' must be given to those on the Friends' committee who provided the mulled wine and the mince pies, and served them during the interval, ensuring that voices were well-lubricated and hunger pains kept at bay.

Finally we must thank all those who came to support and contributed so generously to a retiring collection. A sum of £280 was shared between the PCC and BeCHAR, the **Bedford 'drop-in' centre for the homeless and rootless;** hopefully it went some small way towards supplying a few Christmas extras in the way of creature comforts which we all take for granted at this time of year.

The Friends of Cople Church

www.org.uk/friends

(reg.no. 1096386)

Charity Shoot

Paul Walsh and Charlie Porter recently came up with the brilliant idea of having a Charity Shoot on their respective **farms to raise funds for St John's Hospice and the Friends of Cople Church.**

On Saturday, January 14th, sixteen 'local guns' assembled in the kitchen at Oak Farm at 9am on a cold and frosty Saturday morning and were greeted with a really welcome and warming glass or two of mulled wine. Maybe every winter day should start that way! Guns were divided into two groups, alternately beating and shooting.

The landscape was breathtakingly beautiful, with not a cloud in the sky and a spectacular hoar frost. Hares were boxing, lapwings and field fares were in abundance and everybody felt it was a privilege to be out on such a splendid day.

After four drives on Oak farm and the 'bagging' of pheasants and partridge, lunch was taken on straw bales in one of Paul's barns. and we were all fortified with sloe gin. The afternoon was spent on Charlie and Carolyn's farm at Wood End where four more drives took place before we adjourned to the Five Bells. Eamonn and Julie served a delicious supper. Thanks to their generosity in keeping charges to a minimum as their contribution to the good causes, a splendid sum of £500 was raised, to be shared equally between the two charities.

Thanks go to the Walsh and Porter families for hosting a memorable and successful day.

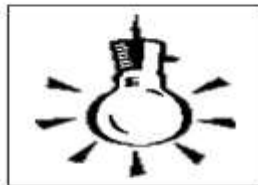
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Saturday 16th June

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Tombola

Splat the Rat

Table top Games

Cakes

Refreshments

Barbeque

Bric-a-brac

Children's Displays



If you are interested and would like to help please come to a meeting on Wednesday 8th February at 7: 30pm in All Saints Church or contact Mike Vacher, Church Warden, on 01234 831207 or email vacher309@btinternet.com.



Update from PC Paul Jones

CURRENT ISSUES

With the new year now here please ensure any new property including jewellery or electrical items are property marked, either by engraving the items, using a UV marker pen or using Smartwater. For more information on these please see below or contact your Local Policing Team. Cople had one in December and neighboring villages have experienced a rise in burglaries so please be vigilant for any suspicious activity in the area and contact Bedfordshire Police on 101 to report anything witnessed.

FROM THE BURGLARS EYES

Over the winter period and dark evenings, opportunists will not take long to spot potential empty homes so please ensure all windows and doors are locked and secure when you leave the house. Please also ensure you have lights on in the early hours of the evening using timer switches. Here are a few other tips to remember:

Most burglars will wander around to identify potential targets.

They will look at homes from the road, any adjoining track, footpath, playing field or other open land before deciding which home to break into. At this time the burglar has not even entered your property.

Burglars will initially look for a home which appears to be empty and has easy access to the back of the building. The surrounding area will also provide the burglar with good cover, for example trees and high bushes.

Burglars prefer homes which have no visible signs of protection such as alarms and lighting.

SMARTWATER

SmartWater is a colourless liquid solution that is simply dabbed onto the uneven surfaces of your valuables.

It can be used to code all sorts of items such as jewellery, ornaments, electrical items and even your motor vehicle. Each **bottle contains a unique chemical 'code' which is registered to you** – conclusively proving ownership. It cannot be easily seen by the naked eye and is almost impossible to remove. The liquid glows under ultraviolet light making it easy for the Police to

detect. The Police use it in undercover operations to catch and convict criminals. Criminals know about SmartWater and fear its power to forensically link them with the scene of a crime. So, by coding your valuables and displaying the SmartWater deterrent signs, you are sending out a powerful warning to any thieves and burglars operating in your area. Smartwater is available through neighbourhood watch for £20 per pot. That will mark up to 60 items. Just contact the local SNT for purchases.

RINGMASTER

Ringmaster is a computerised crime messaging system run by Bedfordshire Police which offers local residents, Neighbourhood **Watch members, businesses, farms, and Bedfordshire Police's** partners, throughout Bedfordshire, details about crime and events in their local area.

The service is free to everyone.

You don't need to be involved in Neighbourhood Watch to join Ringmaster.

You can receive information via email direct to your computer, view your messages online, or receive messages via phone at a time to suit you.

Receive crime reduction advice and help tackle crime in your local area. Currently we have 8,000 members of the public and other partner agencies registered on the system.

You can join Ringmaster by applying online at www.safer-beds.org or alternatively you can phone 01234 275288.

Paul Jones PCSO 4760

**Riseley Police Station
37 High Street, Riseley, MK44 1DX**

T: 01234 842864

F: 01234 842867

E: lpt.gtbarford&roxton@bedfordshire.pnn.police.uk

Cople Sports and Social Club

I would like to start off by thanking our members and those that have utilized the Sports and Social Club throughout the last year. Overall we had a successful 2011 which included various fun events including Decembers Christmas Party, I would like to thank Santa for making an appearance. I would also like to thank the committee for their continuous support and commitment.

In 2012 we hope to carry out refurbishment to the premises as it is in great need of attention. The funds to carry out this work will come from a grant from the big lottery; **The Village Trust has made the application let's hope we are successful.**

Don't forget supper night on Saturday 3rd February – Curry night.

For those keen football supporters we will be showing most of the premiership games and the Carling cup final, details of matches throughout February.

Sat 4 th	Man City v Fulham	5.30pm
Sun 5 th	Newcastle v Aston Villa	1.30pm
Mon 6 th	Liverpool v Tottenham	8.00pm
Sat 11 th	Man united v Liverpool	12.45pm
Sat 11 th	Tottenham v Newcastle	5.30pm
Sun 12 th	Wolves v West Brom	1.30pm
Sun 12 th	Aston Villa v Man City	4.00pm
Sun 19 th	Aberdeen v St Johnstone	12.45pm
Tue 21 st	Napoli v Chelsea	7.45pm
Sat 25 th	Man City v Blackburn	5.30pm
Sun 26 th	Inverness v Rangers	12.45pm
Sun 26 th	Arsenal v Tottenham	1.30pm
Sun 26 th	Final (Carling Cup)	4.00pm

Jeanette Skipsey

Jeanette_skipsey@hotmail.co.uk

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AH "There was a time in my life when I couldn't see the wood for the trees. I had suffered for 3 years with IBS and tried many different treatments, none of which worked. Donna showed me the path to coping with my symptoms and restoring balance to my life. I am so grateful for what she did for me"

Donna Milligan —dip ITEC,VTCT,SfinsA ,ThLA, CthA, CNHC

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News from Cople Lower School



I can't believe that as I write this, we are only eight days into term, but nothing in schools ever stands still and we have been as busy as ever.

In the classrooms this term the topics are 'Out of the Earth' in the Oaks covering a study of Indian culture; 'Right Foot Forward' in the Acorns, which involve all things relating to shoes; and 'Tell Me a Story' in the Catkins, with learning based on lots of our favourite traditional stories. The term's enrichment activities will include the Oaks taking part in an Indian dance workshop and the Acorns and Catkins visiting the Shoe Museum in Northampton.

We are having a big drive across the whole school this term on our actions towards becoming a more 'sustainable school'. Different groups of staff and children are leading initiatives focussed on Energy, Food and Drink, Travel and Transport, and Waste. We will be looking at ways in which to keep you, the wider community informed and involved. Watch this space!

SCHOOL ADMISSIONS - If you have a child who will have turned four years old by the end of August this year, you will have hopefully submitted your school application form into the Local Authority. If you think you may have missed the deadline (January 15th) please see the Bedford Borough website or pop into the school office for advice.

If your child is due to start this year or maybe next year and you have not yet taken the opportunity to visit the school, please do not hesitate to contact Mrs Bishop in the school office and we can arrange a visit.

Helen Johnson, Headteacher



Eamonn , Julie and Katie would like to welcome you to the Five Bells in Cople , a traditional country village pub .

It is our intention to provide a warm welcome in comfortable surroundings for visitors and locals alike to enjoy a drink or a hearty meal .

Wherever possible , we have sourced our ingredients from local suppliers and our menu is designed to be as homemade as possible .

We also provide a wide selection of fine ales , wines and spirits and great care is taken to ensure they are kept to the highest standard

Tel : 01234 831330

www.fivebellscople.com

Cople Baby & Toddler Group

Has opened its doors again

Every Thursday

(Inclusive of school holidays)

10.00am-11.30am

At the Cople Village Hall (off Grange Lane)

First session free, £2 per family thereafter

Adults with one child under 7 months £1



Baby and Toddler February Plan

2nd	Riversmeet Children's Centre are coming to group today and bringing some craft fun.
9th	Edible Play – The only time you will be able to play with your food and not get into trouble!!
16th	 <p>Half Term – Bugs Alive!!!</p>
23rd	Free Play

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Tuesday Club



On Tuesday 10th January Jenny Becker gave a talk on Health and nutrition.

Jenny has many years of experience in health and fitness, with qualifications as a fitness instructor and as a personnel trainer. She is currently working locally at Champneys.

I expect many of us have made a few new year resolutions with the best intentions of course only to fail shortly into the year. Jenny made it sound so easy! Use every day items and your surroundings to keep costs down. Walk, cycle, swim twice a week for 30minutes will make a difference. A short power nap for 10-20minutes per day will relax and refresh. Start the day with hot water and lemon juice. Experiment with different foods and oils brown rice instead of white. Raid the cupboard for cinnamon to put in puddings and drinks helps to lower cholesterol.

Jenny convinced us that we all can improve our lives and reduce stress by making a few small changes in our lifestyle. Her talk was interesting and stimulating.

Eithne Dandy

The next meeting of Tuesday club will be on 14th February 7 30pm Cople village Hall. There will be a bring and buy stall in aid of our charity of the year BECHAR(Bedford concern for homeless& rootless).

Please support us for this worthy cause all welcome.



*New Carers Support
Service - Carers in
Bedfordshire*

Following months of planning by carers, NHS Bedfordshire, Bedford Borough Council, Central Bedfordshire Council and Voluntary Organisations, the single carers support service went live on 1st October 2011 serving all of Bedfordshire.

Carers in Bedfordshire now provide support to carers of all ages in all caring groups across Bedfordshire. This includes telephone, email and web advice and information, specialist one to one support (such as for people caring for someone with a mental health problem) and support for young carers. They deliver training courses, run support groups and administer the NHS Carers Break and Training Grant service and run the very popular carers cafes at weekends across Bedfordshire.

If you or someone you know provides unpaid support (not including benefits) to someone who is ill, frail, disabled or who has a mental health or substance misuse problem - that makes you a carer. Many carers do not see **themselves as carers; they say they are just someone's** husband, wife, relative, friend or neighbour. However, if you carry out caring responsibilities for someone who could not manage without your help then that means you are a carer and are entitled to information and support.

For information, advice and support around your caring role contact Carers in Bedfordshire.

Telephone 0300 111 1919
email contact@carersinbeds.org.uk
or visit www.carersinbeds.co.uk

Sales and Wants

For Sale

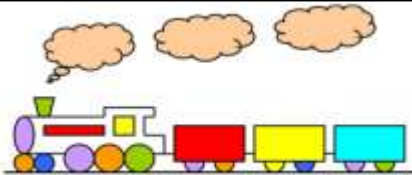
1) Mc Culloch petrol chain saw, brand new, never used. £100.

2) Left Handed Golf clubs--3 drivers, 4 irons, sand wedge, putter, with bag, trolley etc. £70.

3) Spear and Jackson petrol strimmer, almost new. £50.

Telephone Bedford 838763

Residents of Cople may make free entries to sell or ask for items. It is not open to commercial sellers. Please send your entries via email or in writing to the editor's home.



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Village Contacts

Village Hall
Bookings: Marie Grohmann
 Tel : 838248

Over 60's Club
Secretary: Hazel Shreeves
 Tel : 838817

Mothers Union
Contact: Jill Ebbs
 Tel : 838659

Cople Lower School
Headteacher:
 Helen Johnson
 Tel : 838827

Cople Village Trust
Chair: Sandra Thacker
 Tel : 831344

Royal British Legion
Chair: Max McMurdo
 Tel: 01767 680624
Welfare: David Hansen
 Tel : 01767 226020

Police
 PC Paul Jones
 Riseley Police Station
 Tel : 01234 - 842864

Carpet Bowls
Secretary: Pauline Baynes
 Tel : 838102

Willingtots Pre-School
 Group
 Tel: 07972- 148085

Before & After School Club
 At Cople Lower School
 Tel: 07592 - 012249

Brownies (Willington)
 Karen Murray,
 Tel: 01767 683719

Beavers, Cubs & Scouts
Leader: Paul Fountain
 Tel: 870746

Friends of Cople Church
Chair: Vaughan Southgate
 Tel: 838714

Cople Sports & Social Club
Chair: David Hughes
 Tel : 838669

Tuesday Club
 Hilary Clarke
 Tel : 838942

Cricket
 Cople Argus Cricket Club
 Chris Gregory 01234 838396

Biggleswade Chronicle
 Village Correspondent:
 Jill Ebbs Tel: 838659

Cople Web Site
 Ian Whiting Tel : 838347
Email: ian@cople.org.uk
Web Site: www.cople.org.uk

Cople Baby and Toddler
 Contact Kylie Dougall
 Tel: 01234 740745
 07999 257165

Just Ask
 Wendy Worgan
 0800 039 1234

All Saints Church

Vicar:
Rev Lynda Klimas
The Vicarage
Grange Lane, Cople
Tel: 01234 838 431
rev.l.klimas@btinternet.com

Assistant Curate:
Rev Jackie Buck
54 Henderson Way
Kempston, Bedford.
Tel: 01234 407 020
jackiebuck@hotmail.co.uk

Churchwardens

June Shanahan
34 Grange Lane
Cople
Tel: 01234 831705

Mike Vacher
91 Willington Road
Cople
Tel: 01234 831207

Cople Parish Council

Clerk to the Council: Jeanne Pope
42 Wingfield Road, Bromham, Beds. MK43 8JY
Tel: 01234 823 297 jhpope@btinternet.com

Cople News

Editor : Ged Peeke

39 Willington Road, Cople, Beds, MK44 3TH
Tel 01234 838379

Email: coplenews@yahoo.com

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We look forward to seeing you soon!

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Saturday	8.00am - 5.00pm	Sunday 10.00am - 4.00pm

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